PLANT FACT SHEET

Nitraria sibirica Pallas

GENUS *Nitraria* **FAMILY** Nitrariaceae

COMMON NAMES Siberia nitaria

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds - oil

It is used to make a drink.

DESCRIPTION

A low spiny bush. It is grey-white. The leaves are simple and in clusters of 2 or 3. They are fleshy and broadly sword shaped or spoon shaped. They are 2-3 cm long and 3-6 mm wide. The flowers are small and greenish-yellow. They are in groups at the ends of branches. The fruit are pea sized and red turning black when ripe. They are sour.

HABITAT

It is a temperate plant. It grows in sandy areas and salty area in oases and near lakes in northern China below 3,700 m above sea level.

REFERENCES

Centofanti, T. & Banuelos, G., 2019, Practical uses of Halophytic Plants as Sources of Food and Fodder. CAB International. p 334

Flora of China. Vol. 11, p 42

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 490

Kunshan, Shi, Non-wood forest products in Asia. FAO Corporate Document Repository

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 79-90).

Zhang, Y., et al, Yunatov's Records of Wild Edible Plant Used by the Mongols in Mongolia During 1940-
1951: Ethnobotanical Arrangements and Discussions. Inner Mongolia Normal University. p 10

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/824e355c-ee50-4af2-82a6-6b485bb3f987