PLANT FACT SHEET

Viburnum cordifolium Wallich ex DC.

GENUS *Viburnum* **FAMILY** Viburnaceae

COMMON NAMES Chinese hobble-bush

EDIBLE PARTS AND USES

Edible parts: Fruit, Shoots

The fruit are edible.
The young shoots are eaten as a vegetable.

DESCRIPTION

A shrub or small tree. It loses its leaves during the year. It grows 2-5 m high. The young branches are stout. They have a dense rough covering when young. The leaves are opposite and heart shaped. they are 7-12 cm long by 5-9 cm wide. They taper to the tip. There are rounded teeth along the edge. There are hairs on the main veins. The flowers are small and white. They are in flat groups at the ends of branches. The fruit are bright red and oval. They are 6-8 mm long and 5-6 mm wide.

Now Viburnum nervosum

HABITAT

It is a subtropical plant. It is native to the eastern Himalayas region. It grows in broad-leaved evergreen and mixed deciduous forests.

NOTES

There are about 150 Viburnum species. Also put in the family Caprifoliaceae.

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Wild edible plants of Himachal Pradesh

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