PLANT FACT SHEET

Russula spp.

GENUS *Russula* **FAMILY** Russulaceae

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

DESCRIPTION

A mushroom.

HABITAT

A tropical plant.

NOTES

CAUTION: Russula emetica and Russula fragilis are poisonous.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 115

Kaufmann, B. et al, 1999, The Great Encyclopedia of Mushrooms. Konemann. p 14

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8278231e-2431-4ad9-8ecf-86250696d71f