PLANT FACT SHEET

Forsskaolea viridis Webb

GENUS *Forsskaolea* **FAMILY** Urticaceae

COMMON NAMES Desert nettle

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are boiled as a vegetable.

DESCRIPTION

A herb. It grows 1.2 m tall. It grows each year from seed. The stems have curved hairs. The leaves are oval to sword shaped and 18-40 cm long by 12-20 cm wide. There are teeth around the edge.

HABITAT

It is a tropical plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8306b301-2c80-4415-8ff1-82834019d4e3