PLANT FACT SHEET

Gynura lycopersicifolia DC.

GENUS *Gynura* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten.

DESCRIPTION

A slender herb. It grows 50 cm tall. The leaves are broadly oval. The leaves are 13 cm long by 5 cm wide. They have lobes. The leaves narrow into a short leaf stalk. There are teeth along the edge.

HABITAT

It is a subtropical plant. It grows among wet rocks in moist deciduous forests.

REFERENCES

Barua, U., et al, 2007, Wild edible plants of Majuli island and Darrang districts of Assam. Indian Journal of Traditional Knowledge 6(1) pp 191-194

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/830b4703-ba72-459c-b440-42e578c24701