PLANT FACT SHEET

Pinus contorta var. latifolia Dougl. ex Loud., Engelm. ex Wats.

GENUS *Pinus* **FAMILY** Pinaceae

COMMON NAMES Lodegpole pine

EDIBLE PARTS AND USES

Edible parts: Bark

The succulent cambium layer between the bark and wood is eaten. It is usually eaten fresh but can be dried.

DESCRIPTION

A small rounded tree. It grows 10-28 m high. The limbs are thin and near the top. The bark is thin and rough. It is reddish-brown and scaly. The needles are in pairs and 3-6 cm long.

HABITAT

It is a temperate plant. It can grow in coastal sand dunes to rocky hilltops.

PRODUCTION

Harvesting and Seed Production

The cambium is harvested in early spring when the sap starts to run.

REFERENCES

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Turner, N., 1997, Food Plants of Interior First Peoples. Royal BC Museum Handbook p 53

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/831427bf-5f4b-46ec-8d1a-81f0e2fc346a