PLANT FACT SHEET

Watsonia borbonica (Pourr.) Goldblatt

GENUS *Watsonia* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Bulb, Corm, Root

DESCRIPTION

A herb. It is a bulb plant.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 69

Wehmeyer, A. S, 1986, Edible Wild Plants of Southern Africa. Data on the Nutrient Contents of over 300 species (As Watsonia pyramidata)

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/831b4e33-78fb-4d80-ba9a-0e91c0947b8b