PLANT FACT SHEET

Grewia inaequilatera Garcke

GENUS *Grewia* **FAMILY** Malvaceae

COMMON NAMES Forest raisin, Large-leaved yellow raisin

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten raw.

DESCRIPTION

A shrub or small tree. It can be a scrambler. It grows up to 7 m tall. It has a round stem, grey branches and hairy twigs. The leaves are large and green. They are 5-18 cm long by 2.5-8 cm wide. The base is rounded and very lopsided. The edges of the leaves have teeth. The leaves are green and hairless above and with velvety white hairs underneath. The flowers are in small groups in the axils of leaves. The flower stalks are sturdy with white dots. The fruit are round but often with 2 lobes. They are slightly hairy and yellow when ripe. They are edible.

HABITAT

A tropical plant. It grows in open woodland. It grows in dry sandy soils. It grows between 245-275 m above sea level. It can grow in arid places.

NOTES

There are about 200 Grewia species. They are mostly tropical. The fruit of most may be edible. These were in the Sparrmanniaceae and the Tiliaceae.

REFERENCES

FAO, 1988, Traditional Food Plants, FAO Food and Nutrition Paper 42. FAO Rome p 310

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 45

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 356

Palgrave, K.C., 1996, Trees of Southern Africa. Struik Publishers. p 573

Palmer, E and Pitman, N., 1972, Trees of Southern Africa. Vol. 2. A.A. Balkema, Cape Town p 1442

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 192

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 11th June 2011]

Schmidt, E., Lotter, M., & McCleland, W., 2007, Trees and shrubs of Mpumalanga and Kruger National Park. Jacana Media p 404

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/832b8c57-9fb5-4656-9ee9-1138d5264601