PLANT FACT SHEET

Cyperus diffusus Vahl.

GENUS *Cyperus* **FAMILY** Cyperaceae

COMMON NAMES Ilat, Rice sedge

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

Young plants with the root removed and cooked and eaten.

DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks. It keeps growing from year to year. It grows 25-75 cm tall. The roots are reddish brown. The leaves grow from near the base. The flowers are in an irregular group with a ring of large leaf like bracts. These are unequal and can be 5-35 cm across. The fruit are 3 sided.

HABITAT

A tropical plant. In Java it grows up to 800 m above sea level. It is often in shade and near water.

NOTES

There are 550 Cyperus species.
In Slovenia possibly in a hot house.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8375218a-05fa-403d-a161-40230bf6098e