PLANT FACT SHEET

Coccinia grandiflora Cogn. ex Engl.

GENUS *Coccinia* **FAMILY** Cucurbitaceae

EDIBLE PARTS AND USES

Edible parts: Roots

DESCRIPTION

A pumpkin family herb. The stems can lie along the ground. They have short hairs. There are tendrils. The leaves are 7-18 cm long by 7-20 cm wide. The fruit are 8-30 cm long by 7-20 cm wide. They are bright red.

HABITAT

It is a tropical plant.

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/839a9d5e-92d4-437a-8b50-4a22b1af08ef