PLANT FACT SHEET

Brassica oleracea var. sabellica L.

GENUS *Brassica* **FAMILY** Brassicaceae

COMMON NAMES Borecole, Curly kale, Dwarf Siberian kale, Kitchen kale, Portuguese kale

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A cabbage family herb. It is a short lived perennial plant. It can have a single or branched stem. It can be 2 m high. The leaves are broad and oblong. They have crispy edges. The flowers are pure white.

HABITAT

It is a temperate plant.

PRODUCTION

Cultivation

Plants are grown from seed.

Harvesting and Seed Production

The lower leaves are regularly harvested. They are harvested for a few years.

NOTES

There are about 30 Brassica species and many cultivated varieties.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/839d0a55-654e-49c2-8cfb-8d337f552430