PLANT FACT SHEET

Calligonum comosum L'Herit

GENUS *Calligonum* **FAMILY** Polygonaceae

COMMON NAMES Abal

EDIBLE PARTS AND USES

Edible parts: Flowers, Shoots, Fruit

The young shoots are eaten fresh or dried and processed into flour.
The young flowers are eaten raw.

DESCRIPTION

A shrubby plant. It grows about 1.2 m tall. The branches are stiff and green. Leaves are very small.

HABITAT

It is a Mediterranean climate plant. It grows in shady deserts. It can grow in arid places. It grows in the Sahara. It has high salt tolerance.

NOTES

There are about 80 Calligonum species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/83b833d1-7aec-47e4-93a1-69101b87d8ca