PLANT FACT SHEET

Manniophyton fulvum Mull.-Arg.

GENUS *Manniophyton* **FAMILY** Euphorbiaceae

EDIBLE PARTS AND USES

Edible parts: seeds, Nuts

The kernels are boiled then eaten.
The seeds contain edible oil. It is boiled for some time.

DESCRIPTION

A straggling bush or creeper. It can be 30 m long and 10 cm thick. The leaves are heart shaped or divided into 3 lobes. The leaves are 35 cm long by 28 cm wide. The flowers are small and have white petals. The male flowers are in a panicle 25 cm long. The female flowers are shorter and the flowers develop into a dry hair capsule with 3 deep lobes. The kernels can be 2.5 cm across.

HABITAT

A tropical plant. It grows in forests in West Africa. It grows in light gaps in the forest and along roads. It also grows along rivers.

PRODUCTION

Harvesting and Seed Production

In Central African Republic flowers have been recorded in January and August and fruit in September.

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