PLANT FACT SHEET

Palhinhaea cernua (L.) Vasc & Franco

GENUS *Palhinhaea* **FAMILY** Lycopodiaceae

COMMON NAMES Tropical clubmoss, Coral fern

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

The very young parts are cooked and used as a vegetable.

DESCRIPTION

A fern. A plant which lies along the ground. It has long branching stems covered with small scale like leaves. The stem trailing along the ground forms root clusters. Side branches are erect. The branch tips turn down and have small cones which develop spores.

HABITAT

A tropical plant. It grows in warmer countries. It grows near moist stream banks between 1,000-1,980 m above sea level. In Swaziland it grows in the high veld.

PRODUCTION

Cultivation

Plants grow from spores.

NOTES

There are 40 Lycopodium species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/83c48566-964e-4c61-a4aa-cce48477b3a1