PLANT FACT SHEET

Coleus cylindraceus (Hochst. ex Benth.) A. J. Paton

GENUS *Coleus* **FAMILY** Lamiaceae

COMMON NAMES Camphor spurflower

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A succulent shrub. It grows 1.2 m tall. The stems can hang down and can become woody. The leaves are 2-3 mm long and have teeth along the edge.

HABITAT

It is a tropical plant. It grows between 500-2,400 m above sea level.

PRODUCTION

Cultivation

It can be grown from seed.

NOTES

Medicine,

REFERENCES

Ferns, Useful Tropical Plants (As Plectranthus montanus)

Tahir, M., et al, 2023, The traditional use of wild edible plants in pastoral and agro-pastoral communities of Mieso District, eastern Ethiopia. Tropical Medicine and Health (2023) 51:10 (As Plectranthus montanus)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/83e63ed7-a37f-4a48-bf76-9db2406f528b