PLANT FACT SHEET

Gynura formosana Kitam.

GENUS *Gynura* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A herb that keeps growing from year to year.

HABITAT

It is a subtropical plant.

REFERENCES

Li, D. et al, 2017, Ethnobotanical survey of herbal tea plants from the traditional markets in Chaoshan, China. Journal of Ethnopharmacology. 205 (2017) 195-206

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/83f95b3c-4013-4e11-941a-5b69c193714c