PLANT FACT SHEET

Landolphia kirkii Dyer ex Hook. f.

GENUS *Landolphia* **FAMILY** Apocynaceae

COMMON NAMES Sand apricot-vine, Coast rubber vine, Wildpeach

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The ripe fruit are eaten raw. The shell is broken and the pulp sucked but the seeds are discarded. It is also used for drinks and jams.
The leaves are cooked and eaten.

DESCRIPTION

A shrub or woody climber. It is slender and can climb 25 m high. The stems are 1-2 cm across. The plant contains latex. The leaves are small, opposite and narrowly oval or sword shaped. The flowers are small and white or pale pink. They are in groups. The fruit is round and speckled. It is 5-7 cm across. It is edible.

HABITAT

It is a tropical plant. It does better in areas with high rainfall. It grows in evergreen forest and along rivers. In Kenya it grows in coastal areas between sea level and 300 m altitude. It is usually on sandy soils.

PRODUCTION

Cultivation

Plants can be grown from seeds or cuttings.

Harvesting and Seed Production

Fruit are collected from March to June. Ripe fruit can be stored in the shade for several weeks.

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