PLANT FACT SHEET

Boerhavia procumbens Banks ex Roxb.

GENUS *Boerhavia* **FAMILY** Nyctaginaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

DESCRIPTION

A straggling herb. It keeps growing from year to year. The stems are woody below. The branches are often reddish. The leaves are opposite and unequal. They are oval and 1-5 cm long by 1-3 cm wide. They are often whitish underneath. The flowers are 3 mm long.

HABITAT

A tropical plant. In Pakistan it grows up to 2,200 m altitude.

NOTES

There are about 40 Boerhavia species. They are mostly in the tropics and subtropics.

REFERENCES

Flora of Pakistan. www.eFloras.org

Jabeen, A., et al, 2009, Indigenous uses of economically important flora of Margallah Hills National Park, Islamabad, Pakistan. African Journal of Biotechnology Vol. 8 (5), pp. 763-784

Short

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/842d92d6-a91f-4424-b3c9-b6848b7c4c4d