PLANT FACT SHEET

Portulaca oleracea var. sativa DC.

GENUS *Portulaca* **FAMILY** Portulacaceae

COMMON NAMES Purslane or Golden purslane

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The young leaves are picked and can be cooked like spinach.

DESCRIPTION

A sprawling annual plant. It grows to 30 cm high. The thick leaves occur in rings or rosettes. They are succulent and bright green. This is the cultivated selection.

HABITAT

It can be grown in tropical and temperate places. It is damaged by frost.

PRODUCTION

Cultivation

Seed are sown where plants are to grow. Plants should be about 15 cm apart.

NOTES

There are about 200 Portulaca species. They are mostly in the tropics and subtropics. It is a cultivated food plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/846a266f-d5a8-4f4c-a842-898ae76c5842