PLANT FACT SHEET

Disa fragrans Schltr.

GENUS *Disa* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

DESCRIPTION

An orchid. It grows 50 cm tall. The flowers are white to pale lilac. The tubers are 2.5 cm long and 1 cm wide.

HABITAT

It is a tropical plant.

REFERENCES

Nyomora, A. M. S., 2005, Distribution and Abundance of the Edible Orchids of the Southern Highlands of Tanzania. Tanz. J. Sci. Vol 31(1) p 47 (As Disa leucostachys)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/848a04bb-ccae-4b0e-ad60-b99e0dc50d6e