PLANT FACT SHEET

Cyperus compressus L.

GENUS *Cyperus* **FAMILY** Cyperaceae

COMMON NAMES Poorland flatsedge

EDIBLE PARTS AND USES

Edible parts: Rhizomes, Root, Tuber

The rhizome is eaten cooked or raw.

DESCRIPTION

A sedge. It is a herb that grows each year from seed. It grows 3-27 cm high. It forms small tufts. The stem can be up to 2 mm across. It is sharply triangle shaped. The blades are up to 16 cm long and 2.5 mm wide. They can be flat or folded. The flowers are in a small cluster of spikes.

HABITAT

It grows throughout the tropics. It grows in savannah grasslands. It grows in the Himalayas up to 1,200 m altitude. It can grow in arid places. It grows in wet sandy places and paddy fields. In Sichuan and Yunnan.

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