PLANT FACT SHEET

Stachys aspera Gray

GENUS *Stachys* **FAMILY** Lamiaceae

COMMON NAMES Hsiang Su, Hyssopleaf Hedgenettle

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

There are about 300 Stachys species.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/84b07261-657f-4161-ac0f-8559ea48049f