PLANT FACT SHEET

Ilex excelsa (Wall.) Voigt.

GENUS *Ilex* **FAMILY** Aquifoliaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten fresh.

DESCRIPTION

A medium-sized tree. It grows 10 m tall. The leaves are oval or sword shaped. They taper to a point. They are leathery. The flowers are whitish. They are crowded in flat topped flower arrangements. The fruit is fleshy with a hard covering around the seed. They are round and red. They are 5 mm across.

HABITAT

It is a subtropical plant. In Nepal it grows between 600-2000 m altitude. It grows in mixed forest. In Yunnan.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are about 400 Ilex species.

REFERENCES

Ambasta S. P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 283

Fl. Brit. India 1:603. 1875

Manandhar, N. P., 2002, Plants and People of Nepal. Timber Press. Portland, Oregon. p 270

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/84b992be-5724-4103-9dde-21ceea44603e