PLANT FACT SHEET

Echinops latifolius Tausch

GENUS *Echinops* **FAMILY** Asteraceae

COMMON NAMES Dahurian Globe Thistle, Chinese globe thistle

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten with oil and salt.

DESCRIPTION

A thistle plant that keeps growing from year to year. It grows 1 m high and spreads 75 cm wide. The stem is stout and ridged. The leaves are dark green and clasp the stem. The flower heads are round like a ball. All the flowers grow from a common point.

HABITAT

It is a temperate plant. It grows at altitudes or 900-1400 m in Mongolia. It will grow in most well-drained soils. It is best in a sunny position. It is resistant to frost but damaged by drought.

NOTES

There are about 120 Echinops species.

REFERENCES

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Morley, B. & Everard, B., 1970, Wild Flowers of the World. Ebury press. Plate 106 (As Echinops dahuricus)

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READ (As Echinops dahuricus)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/84f8f38f-7d53-4843-9b90-b8418050e7ea