PLANT FACT SHEET

Diplazium stipitipinnula Holltum

GENUS *Diplazium* **FAMILY** Athyriaceae

COMMON NAMES Takuma mambili

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

The young leaves are cooked and eaten. The fibrous stem is removed.

DESCRIPTION

A non woody fern up to 1 to 1.5 m tall. The young fronds when developing have hairs and are a dirty black colour.

HABITAT

A tropical plant. It commonly grows by rivers and in wet places. It is usually in ditches and the bottoms of valleys.

NOTES

There are about 300-600 Diplazium species. They have also been put in the families Aspleniaceae and Woodsiaceae.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/851850b6-7f40-4a5d-be6c-aec545b91fd4