PLANT FACT SHEET

Hibiscus calyphyllus Cav.

GENUS *Hibiscus* **FAMILY** Malvaceae

COMMON NAMES Sun Hibiscus, Lemon-eyed rose mallow

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Vegetable, Bark, Gum

The flowers can be cooked and eaten.
The leaves are cooked and eaten as a vegetable. They are wilted, chopped and boiled.

DESCRIPTION

A herb. It grows about 50-200 cm tall. It keeps growing from year to year. The leaves are almost round but with 3 lobes. They are heart shaped at the base and there are teeth along the edge. The leaves are about 19 cm across. The leaf stalks are 5 cm long. The flowers are bell shaped and yellow. They are about 6 cm across and have a dark red centre. The fruit are dry and break open into segments.

HABITAT

It is a tropical and subtropical plant. It is best in light shade. It grows well with moist, hot summers. It grows in rainforest and along rivers. It suits humid locations. It can grow up to 2,100 m above sea level. It grows in areas with a rainfall between 1,100-1,600 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds. They can also be grown from cuttings.

Harvesting and Seed Production

It is fairly fast growing. Leaves are collected during the rainy season.

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