PLANT FACT SHEET

Diascia capsularis Benth.

GENUS *Diascia* **FAMILY** Scrophulariaceae

EDIBLE PARTS AND USES

Edible parts: Plant

The plant is eaten as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 90 cm tall. The stems are in tufts and develop roots near the base. The leaves are delta shaped and 1-3 cm long by 5-17 mm wide. The flowers are in groups.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 102

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8545cf56-b7d0-4d1d-a0ee-bd3f7a4d0658