PLANT FACT SHEET

Tricliceras longipedunculatum (Mast.) R. Fernandes

GENUS *Tricliceras* **FAMILY** Passifloraceae

COMMON NAMES Lion's eye, Miombo pimpernel

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are eaten as a vegetable. The leaves are removed from the stalk and pounded to soften before cooking. They are used in vegetable soup.

DESCRIPTION

A herb. It has a woody rootstock and a well developed above ground stem. There can be one or many stems. The plant keeps growing from year to year. It grows 40 cm high. It has white hairs. The leaves are 20 cm long and narrow. There are usually some teeth near the base. There are 4-12 flowers along a stalk. The petals are orange or red. The fruit is a capsule 4-9 cm long by 0.2 cm wide.

HABITAT

It is a tropical plant. It grows in hot arid places with a marked dry season. It needs well drained salty soil. It grows between 300-1,525 m above sea level. It can grow in arid places.

NOTES

It is possibly threatened.
Also put in the family Turneraceae.

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