PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Alsophila camerooniana (Hook.) R. M. Tryon

GENUS *Alsophila* **FAMILY** Cyatheaceae

EDIBLE PARTS AND USES

Edible parts: Fronds

DESCRIPTION

A tree fern.

HABITAT

It is a tropical plant. It grows between 90o-1,200 m above sea level.

REFERENCES

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/85774865-6cf8-45d3-9337-9d1479c76ed5