PLANT FACT SHEET

Actinidia sabiifolia Dunn

GENUS *Actinidia* **FAMILY** Actinidiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit is eaten raw or cooked.

DESCRIPTION

A climbing shrub. It grows to 5 m long. It loses its leaves during the year. The leaves are pale green underneath. The leaves are 4-8 cm long by 3-4 cm wide. The fruit is dark green when mature. They are oval and 1.5-1.8 cm long.

HABITAT

It is a temperate plant. It grows naturally in Guangdong, Guangxi and Fujian in SE China in mountain forests. It grows about 1,000 m above sea level.

NOTES

There are 40-60 Actinidia species. The Actinidiaceae are a mainly tropical family.

REFERENCES

J. Linn. Soc., Bot. 38:357. 1908 "sabiaefolia"

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/857938e2-40b8-4e72-a430-8a6cf359f771