PLANT FACT SHEET

Santolina chamaecyparissus L.

GENUS *Santolina* **FAMILY** Asteraceae

COMMON NAMES Lavender cotton, Grey santolina

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers - tea

The leaves are used to flavour soups, sauces, meats and grain dishes.
The flower heads are used for tea.

DESCRIPTION

A shrub. The leaves are alternate and very narrow. They occur closely together along the stem. They are divided and have grey hairs. The flower heads are 1-2 cm across.

HABITAT

A Mediterranean plant. It can grow in poor soils and tolerate drought. They can grow in windy conditions and tolerate some salt spray. In Hobart Botanical gardens.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/85b68bc8-c500-4033-8de5-2d0318d71f43