PLANT FACT SHEET

Colquhounia coccinea Wallich

GENUS *Colquhounia* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: flower - nectar

Nectar from the corolla tubes of the flowers is sucked by children.

DESCRIPTION

A shrub. It grows to 3 m high. The stems are square in cross section. The leaves are opposite. They are 3.5-16.5 cm long by 2.5-7.5 cm wide. They are oval and taper to the tip. There are teeth along the edge. They have a few hairs. The base is rounded or heart shaped. The flowers are red or orange and in spikes in the axils of leaves or at the ends of branches. The fruit is a nutlet. It is oblong. The tip is expanded into a wing.

HABITAT

It is a warm temperate plant. It grows in Nepal between 1000-2600 m altitude. It grows in open rocky places. It needs well-drained soil in full sun. In China it grows in stony and grassy hillsides between 1400-3000 m altitude. It is resistant to frost but sensitive to drought. It suits hardiness zones 8-9. Melbourne Botanical gardens. In Yunnan.

PRODUCTION

Cultivation

Plants can be grown by seeds or cuttings.

NOTES

There are 3-6 Colquhounia species.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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