PLANT FACT SHEET

Garcinia sopsopia (Buch.-Ham.) Mabb.

GENUS *Garcinia* **FAMILY** Clusiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten. The ripe fruit aril or layer around the seeds is edible.
The unripe fruit can be used for pickles.

DESCRIPTION

A tree. It can lose it leaves or keep them throughout the year. The crown is oval. The branches occur in a cross shape. The male flowers are dull white and have a scent. The female flowers are large but do not have a scent. The fruit are round and 3 cm across.

HABITAT

It is a subtropical plant. It grows between 100-1,000 m above sea level in the Indian Himalayas.

PRODUCTION

Harvesting and Seed Production

In NE India plants flower and fruit December to July.

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