PLANT FACT SHEET

Brassica oleracea var. albiflora Kuntze

GENUS *Brassica* **FAMILY** Brassicaceae

COMMON NAMES Chinese kale

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

A cabbage family plant which continues to grow from year to year. The stem base is long and cylindrical but not fleshy. It has leaves which are thick, oval and bluish-green. They can be dull or shiny. They are widely spaced and not grouped in a head. The leaf buds in the axils of leaves do not form a head. The flower stalk is lax and not fleshy. The flowers are white or rarely cream.

HABITAT

It is cultivated in China.

NOTES

There are about 30 Brassica species and many cultivated varieties.

PICTURES



Credit: Food Plants International (Bruce French)



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REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/85e41e04-a210-4655-840f-2a3ad7e6fec9