PLANT FACT SHEET

Kniphofia grantii Baker

GENUS *Kniphofia* **FAMILY** Asphodelaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

DESCRIPTION

A herb that keeps growing from year to year. It has an underground stem or rhizome that i1 1-1.5 cm aross. The leaves are in a ring at the base. They are 10-120 cm long. The flowering shoots are 30-120 cm tall. The flowers are greenish-yellow. The fruit is an oval capsule 5-7 mm long by 4-6 mm wide. The seeds are 3 angled.

HABITAT

It is a tropical plant.

NOTES

Also put in the family Xanthorrhoeaceae.

REFERENCES

Herb., E. A., 1981,

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 13

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8659412c-224c-4e5d-8ba3-308736495eab