PLANT FACT SHEET

Cirsium drummondii Torr. & A. Gray

GENUS *Cirsium* **FAMILY** Asteraceae

COMMON NAMES Drummond's thistle

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots, stalks, Fruit, Flowers

The young leaves are used in salads.
Mature leaves are used for tea.
The roots, stalks, fruit and flowers are cooked and eaten.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a temperate plant.

NOTES

There are about 150-250 Cirsium species. They grow in temperate regions.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb.(ACEDB version 4.0 - data version July 1994)

Kermath, B. M., et al, 2018, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. p 281

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/869e8592-fbdb-4d14-a7c5-dca0b21aa2f5