PLANT FACT SHEET

Centella cordifolia (Hook. f.) Nannf.

GENUS *Centella* **FAMILY** Apiaceae

COMMON NAMES Centella, Swampwort

EDIBLE PARTS AND USES

Edible parts: Leaves - medicine

DESCRIPTION

A herb which lies along the ground. It is a creeping plant. It can spread 1-2 m wide. It keeps growing from year to year. The stems form roots at the nodes. The leaves are 4 cm wide. They are round or heart shaped. They leaf stalks are long. The leaf edges can have teeth or be irregular. The flowers are very small and white or pink. They occur in small loose heads.

HABITAT

It is a temperate plant. It grows on the edges of swamps and wet places. It can tolerate frosts. Tasmania Herbarium.

PRODUCTION

Cultivation

Plants can be grown from cuttings or division of stems which have roots.

NOTES

There are about 20-40-50 Centella species. They are tropical.
The leaves are used as medicine.

PICTURES



Credit: Food Plants International (Bruce French)

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