PLANT FACT SHEET

Blumea viscosa (Mill.) V. M. Badillo

GENUS *Blumea* **FAMILY** Asteraceae

COMMON NAMES Sticky blumea

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

An erect herb. It keeps growing from year to year. It grows 25-50 cm tall. It has a smell of turpentine. The leaves are oval and 2-12 cm long by 1-5 cm wide. They have wedge shaped lobes. The flower heads are 7-9 mm across. The seed pods are small and dark red-brown.

HABITAT

It is a tropical plant. It grows in wet grassland savannah.

REFERENCES

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Glover et al, 1969,

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 89

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/86acf9cf-30c1-4bf8-a026-1cdce6c9051e