PLANT FACT SHEET

Chrysalidocarpus canaliculatus (Jum.) Eiserhardt & W. J. Baker

GENUS *Chrysalidocarpus* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Palm heart, Cabbage

The palm heart is bitter.

DESCRIPTION

A solitary palm. It grows 10-15 m high. The trunk is 30-40 cm across. The leaves can be 3-4 m long.

HABITAT

A tropical plant.

NOTES

There are 140 Dypsis species.

REFERENCES

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Johnson, D.V., 1998, Tropical palms. Non-wood Forest products 10. FAO Rome. p 113 (As Dypsis canaliculata)

Zona, S., Heart of Palm Use: A Family Survey. p 3 (As Dypsis canaliculata)

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