PLANT FACT SHEET

Thelypteris heterocarpos (Blume) C.V.Morton

GENUS *Thelypteris* **FAMILY** Aspleniaceae

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

The young fronds have been recorded as eaten.

DESCRIPTION

A fern. The rhizome is upright and 20 cm tall. The fronds are 560 cm long.

HABITAT

A tropical plant. It suits the wet tropics.

NOTES

Also put in the family Polypodiaceae and Dryopteridaceae.

REFERENCES

Burkill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 1575 (As Nephrodium heterocarpum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/86f66a00-ba31-422a-be1f-bc42bd1ead19