PLANT FACT SHEET

Costus ligularis Baker

GENUS *Costus* **FAMILY** Costaceae

EDIBLE PARTS AND USES

Edible parts: Pith

DESCRIPTION

A herb.

HABITAT

It is a tropical plant. It grows in dense forests.

NOTES

Also put in the family Zingiberaceae.

REFERENCES

Nkeoua, G. & Boundzanga, G. C., 1999, Donnees sur les produits forestieres non ligneux en Republique du Congo. FAO. p 22

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8715719a-3be4-4b49-b0bf-c1caea297f04