PLANT FACT SHEET

Taraxacum erythrospermum Andrz. ex Besser

GENUS *Taraxacum* **FAMILY** Asteraceae

COMMON NAMES Red-seed dandelion

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root

Flower stalks are used for tea.
The leaves at the base are eaten in salads.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 35 cm tall. The leaves are in rings. They are oblong and 5-25 cm long by 1-4 cm wide. There are teeth along the edge.

HABITAT

It is a temperate or Mediterranean climate plant. In Argentina it grows below 500 m above sea level.

NOTES

There are 50-60 Taraxacum species.

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