PLANT FACT SHEET

Ziziphora puschkinii Adam

GENUS *Ziziphora* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Bussman, R. W., et al, 2016, A comparative ethnobotany of Khevsureti, Samtskhe-Javakheti, Tusheti, Svaneti, and Racha-Lechkhumi, Republic of Georgia (Sakartvelo), Caucasus. Journal of Ethnobiology and Ethnomedicine (2016) 12:4

Bussman, R. W., et al, 2021, Unity in diversity—food plants and fungi of Sakartvelo (Republic of Georgia), Caucasus. Journal of Ethnobiology and Ethnomedicine (2021) 17:72 p 9

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/873d1bc1-79c5-40fc-babe-504d1321b668