PLANT FACT SHEET

Stachys cretica subsp. anatolica L., Rech.

GENUS *Stachys* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves are used for tea.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant.

REFERENCES

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Kargioglu, M. et al, 2010, Traditional Uses of Wild Plants in the Middle Aegean Region. Human Ecology 38:429-450

Yesil, Y. & Akalin, E., 2011, The Use of Wild Edible Plants in Kurecik (Akcadag/Malatya) J. Fac. Pharm. Istanbul p 100

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/87784fbe-3bf6-4456-85ed-299a06f7aaf0