PLANT FACT SHEET

Oxalis copiosa F. Bolus

GENUS *Oxalis* **FAMILY** Oxalidaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The stems are eaten as a snack and flavouring.
The leaves are eaten as a snack and vegetable.
The flowers are eaten as a snack and flavouring.

DESCRIPTION

A herb. It has a bulb. This has ribs along them. The leaf stalks are flattened. The flowers are yellow and there are 1 or 2 flowers per stalk.

HABITAT

It is a temperate plant. It grows in the desert.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 84

van Wyk, Be., & Gericke, N., 2007, People's plants. A Guide to Useful Plants of Southern Africa. Briza. p 72

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8779f666-2acc-4f79-b651-ced0988a2746