PLANT FACT SHEET

Cyperus bifax C. B. Clarke

GENUS *Cyperus* **FAMILY** Cyperaceae

COMMON NAMES Downs nutgrass

EDIBLE PARTS AND USES

Edible parts: Tubers, Root, Seeds

The small tubers are eaten raw or cooked.
The small seeds are also edible.

DESCRIPTION

A herb. It grows in tufts and has rhizomes or underground stems that form tubers. It grows 1 m tall. The stems are triangle shaped and 90 cm long. The tubers are oval and 1 cm wide.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

REFERENCES

King, M. & Horsfall, J., 2023, Kimberley Bush Food. Edible Plants of the Kimberley Region of Western Australia. UWAP. p 142

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/877f59fb-9a07-4253-a0ce-8cc22490d639