PLANT FACT SHEET

**Use with caution**

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

# *Polyscias balfouriana* (Andre) L. H. Bailey

**GENUS** *Polyscias* **FAMILY** Araliaceae

**COMMON NAMES** Balfour's aralia, Plate aralia

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

## DESCRIPTION

A large shrub. It grows 3 m tall. The leaves are 20-50 cm long. They are compound with leaflets 5-20 cm long and 5-18 cm wide. The end leaflet is the largest.

## HABITAT

It is a tropical plant. It suits the wet tropics.

## PRODUCTION

### Cultivation

It is grown as a hedge.

## REFERENCES

Jansen, A. A. J., et al, (Eds), 1990, Food and Nutrition in Fiji. Volume One. p 38

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/878516de-fa7f-4ab8-aecf-85e77b878894