PLANT FACT SHEET

Ligusticum officinale W. D. J. Koch

GENUS *Ligusticum* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Girard, N. J., 2020, Sustainable Foraging of Wild Edible Plants in Norway. A Bioculutral Approach. M. Sc. thesis Norwegian University. p 127

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26 (As Ligusticum levisticum)

Lee, S., et al, 2016, Herbal preparation (HemoHIM) enhanced functional maturation of bone marrow-derived dendritic cells mediated toll-like receptor 4. Complementary and Alternative Medicine. 16:67 (As Cnidium officinale)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/878aad28-2a93-4ec4-9c63-7fec31265166