PLANT FACT SHEET

Indigofera glandulosa J. C. Wendl.

GENUS *Indigofera* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves

The flour is sticky so is mixed with other flours then baked.
The seeds are eaten boiled.
The leaves are boiled with pigeon pea seeds.

DESCRIPTION

An erect herb. It can grow from seed each year or keep growing for a few years. It grows 75 cm high. The flowers are pink or red.

HABITAT

A tropical plant. It grows on clay loam.

PRODUCTION

Harvesting and Seed Production

The plants are harvested and threshed then the seeds are ground into flour.

NOTES

There are about 700 Indigofera species. Chemical composition (seeds) (after Church): Water = 8.2%. Albuminoids = 31.9%. Carbohydrate (soluble) = 46.7%. Oil = 2.2%. Fibre = 7.8%. Ash = 3.2%. (after Paton & Dunlop): Protein = 36.12% (available = 29.9%. Carbohydrate (available) = 10.9%. Relative available energy = 167.

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