PLANT FACT SHEET

Sauropus villosus (Blanco) Merr.

GENUS *Sauropus* **FAMILY** Phyllanthaceae

EDIBLE PARTS AND USES

Edible parts: Sprouts, Leaves, root, Flavouring

The young sprouts, leaves and bulbils are used as a spice or flavouring.

DESCRIPTION

A woody herb or shrub. It grows 2 m tall. The stem is 2 cm across. The branches can be long and light green. The leaves are smaller near the base. They are oval and 1-7 cm long by 1-2 cm wide. The fruit are oval and flattened and 8-11 mm long by 4-6 mm wide. They are yellow to orange.

HABITAT

It is a tropical plant. It grows from sea level to 600 m above sea level. It can be on sandy soils and also on limestone.

NOTES

They have also been put in the family Euphorbiaceae.

REFERENCES

Seidemann J., 2005, World Spice Plants. Economic Usage, Botany, Taxonomy. Springer. p 167 (As Glochidion llanosii)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/87ac6bb0-bee9-4b97-b9e2-0a1e59c2172a